Wakefield Pediatric Associates

15 Richardson Avenue, Wakefield, MA 01880 Telephone: (781) 245-2203 Fax: (781) 245-7303

Headache Log

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

* PLEASE REVIEW THE RED FLAG ITEMS ON THE OPPOSITE SIDE DAILY AND CALL OFFICE ACCORDINGLY! *

Please call the office immediately if any of these occur:

- Headaches are getting more severe
- Any sudden change in vision
- You are experiencing nausea and/or vomiting with a headache
- Wake up with a headache
- Headaches are waking you up from sleeping at night or in the morning
- Headaches get worse when changes body positions and/or cough or while doing any strenuous activity

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